

PLUS: THE FULLY
ILLUSTRATED STORY OF
LOYAL BIRD
★
AN UNLIKELY REVOLUTIONIST



THE INTROVERT REVOLUTION

A Quiet Path to Reclaiming Our Power

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The Introvert Revolution

A Quiet Path to Reclaiming Our Power

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***“A revolutionist is one who desires to discard the
existing social order and try another.”***

~John Tanner

The Revolutionist's Handbook and Pocket Companion

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Preface: The Dreamers

On August 28th, 1963, Martin Luther King, Jr. uttered four words that the world will never forget: “I have a dream.” He didn’t say that he had a plan of action or a five-step outline for success. With sincere emotion and unwavering conviction, Martin Luther King told the world that he had a dream.

King’s speech is widely considered the best American speech of the 20th century. Although it had several components, the “I have a dream” section most deeply resonated with listeners. The 250,000 plus supporters that heard King’s address could identify with his message because they, too, had a dream.

Like King and his supporters, introverts are dreamers. We spend a great deal of our time inhabiting the realm of thoughts, ideas and fantasies. We are the ones who are often in our heads. We find pleasure and refuge in our imagination. This habit of constantly thinking elicits criticism from others. “Get your head out of the clouds,” they tell us. “Live in the moment,” they say.

But to dream is to live. Our world is created first with our thoughts. Introverts might be quiet, but our mind is alive. We are small, but our imagination reaches the sky.

To dream is to harness the mystical powers of creativity. Letting our mind wonder gives the subconscious time to make connections and find solutions. It is for this reason that Woody Allen comes up with his best ideas in the shower. It is why some of the greatest writers of our time use exercise as part of their creative process. When we give ourselves freedom to daydream, we give wings to our best ideas.

To dream is to touch upon something bigger than us. We grasp onto the edges of a collective vision that is catapulting the world toward a new direction. We see our secret dreams embodied by others who share our cause. With them, we are

carried forward by the prospect of a better tomorrow.

As introverts, our dream is simple; we have a dream that we will be able to keep dreaming.

Without fear of judgment, criticism or sideways glances, we want to continue exploring our imagination. We want to close the door. We want to nightdream *and* daydream. We want to dive deep into our own thoughts and explore the universe inside our head.

And when we come up for air, we want to share our dreams with the world. But instead of listening, society bombards us with the message that we need to change. It tears us from our thoughts, and drowns out our dreams with the sound of popular opinion.

So, we continue to dream that the world will let us dream ...

In this ebook, we will explore how introverts can reclaim our right to dream. We will peel back the mask of extroversion and discover the hidden treasures of our true personality. Instead of trying to fit in, we will reshape our world to fit us. We will quietly revolutionize the way we see ourselves and invite others to follow suit.

Before we embark on the path toward reclaiming our power, I'd like to take a moment to share a story about a little bird that quietly revolutionized his world.

Loyal Bird

An Unlikely Revolutionist

Written By [Michaela Chung](#)

Illustrated By [Lala Hernández](#)



There once lived a little bird named Loyal Bird. Loyal Bird was different than other birds. While most birds loved to spend their days flying and singing, Loyal Bird preferred doing other things.



Loyal bird loved swimming. He liked how the water tickled his feathers as he sloshed about. He enjoyed plunging deep into the ocean where he could search for hidden treasures. Underwater, he found a whole other world that most birds never see.



END OF PREVIEW

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